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## 40 Reasons to Travel to Antigua and Barbuda

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1. 365 white and pink sand beaches.
2. Location - A hop, skip and jump from Canada – only four and half hours direct from Toronto. Travel is easily arranged ...
3. Romance - named the best island for a destination wedding for the past four years.
4. Historic sites such as Betty's Hope Sugar Mill, St. John's Cathedral and Nelson's Dockyard.
5. The only double Cathedral in the world is the St. John's Cathedral (the Cathedral is all mahogany on the inside and all stone on the outside)
6. Sailing Week: Take part in this world-renowned regatta! Sign up to be a deck hand or merely an observer and enjoy sailing at its very best.
7. Soft adventures — scuba, snorkeling, boating, fishing, and much, much more.
8. It's an English-speaking island, so there are no communication barriers.
9. Authentic, mouth-watering Caribbean cuisine.
10. Natural wonders including the rainforest, Frigate Bird Sanctuary and Devil's Bridge.
11. Crystal clear turquoise water.
12. Sunny and warm all year with soothing trade winds.
13. Accommodations ranging from intimate boutique hotels to all-inclusive resorts with pricing to suit every budget.
14. Two islands in one – Barbuda is just 15-minute flight or 90-minute ferry ride from Antigua.
15. Revel in the warmth and hospitality of Antiguan and Barbudans, long considered some of the friendliest people on the planet!
16. Several International Awards - Ranked as Best Island for Celeb Spotting by Caribbean Travel & Life Magazine.
17. Casino - Wile the night away at Paradise Casino – the largest Casino in the Eastern Caribbean.
18. Underground Adventure - exploring underground caves at Indian Town in Antigua, rumored to stretch all the way to Guadeloupe.
19. A 17-mile pristine and untouched pink shell beach in Barbuda.
20. Cultural heritage that includes an annual Carnival celebration and a fierce devotion to cricket.
21. Refreshing tropical concoctions using Antigua's own Cavalier rum and the famous sweet, black pineapple.
22. Spas -relaxation nirvana – unique Caribbean treatments at luxury spas will help guide guests on the path to ultimate rejuvenation.
23. Family-friendly accommodations with special activities to keep the little ones occupied while parents escape on their own excursions.
24. Eco – Tours - a new zip line eco-tour that is sure to stimulate and excite.
25. Three words – duty free shopping.
26. More beaches per square mile that any other country in the world.
27. The largest Frigate Bird Sanctuary in the Western Hemisphere ( in Barbuda)
28. The Caribbean's most colourful Summer Carnival (last week July to the first week August).
29. Nelson's Dockyard, the safest harbour and most historic yachting and yacht charting centre in the Caribbean.
30. For cricket fans some for the worlds best crickets are from Antigua (Sir Vivian Richards, Andy Roberts, Richie Richardson, Curtley Ambrose, Wigley Jacobs just to name a few)

31. World-renowned Susie's, hot and spicy hot sauce is native to Antigua and Barbuda
32. Barbuda is the home to the finest seafood in the Caribbean ( Barbuda's spiny lobster is the islands favorite must have)
33. Over hundred underwater shipwrecks available for the underwater adventure.
34. A full island tour in Antigua can be done in under 5 hours (perfect for cruise ship passengers)
35. Antigua serves as a central airport hub for the rest of the Caribbean.
36. One of the world most active volcanoes (The Soufrière Hills Volcano in Montserrat) can be seen from the sandy shores of Antigua. (Day visits are easily arranged).
37. Visitors to Antigua can experience a bit of Normandy and Provence by visiting near by Guadeloupe and Martinique which are only 18 minutes and 25 minutes away respectively.
38. There are about one hundred and forty-nine prehistoric sites recorded for Antigua and Barbuda
39. Antigua and Barbuda has more sugar mills relics dating back to the 1700's then any other Caribbean island.
40. Did we mention 365 white and pink sand beaches?